

Sermon Notes: July 30th, 2017

## Sabbath & Rest

Romans 14:1-8

*"The Sabbath was made for man, not man for the Sabbath.  
So the Son of Man is Lord even of the Sabbath."*

- Mark 2:27-28

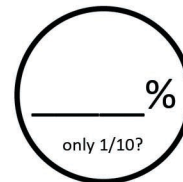
1. Sabbath must be determined as \_\_\_\_\_
2. God is honored by \_\_\_\_\_
3. \_\_\_\_\_ the Christian does, he/she does to the Lord

**Application:** How much of your...

...body belongs to God?



...money belongs to God?



...time belongs to God?



1. When in your week have you *intentionally* set aside time to break from your pattern of work to *honor* God through resting?
2. How are you *depending on God* by ceasing from work and trusting His provision for your needs?
3. Identify the key areas in your week that *strain for your time and attention*, and begin the process of yielding them over to God.